

|                   |                             |                  |                  |
|-------------------|-----------------------------|------------------|------------------|
| Product Code:     | <b>M147</b>                 | Ship To:         | <b>Momentous</b> |
| Product:          | <b>Iron + Vit B Complex</b> |                  |                  |
| Mfg Lot #:        | <b>503-0177</b>             | Pkg Lot #:       | <b>0153C5</b>    |
| Manufacture Date: | <b>06-MAR-2025</b>          | Expiration Date: | <b>03/2027</b>   |

Physical Specifications:

Description/Color: **Greyish green powder fill in clear capsule**

Shape/Size: **#1 capsule / 0.765" x 0.272"**

| Physical Testing       | Specification                              | Result                                     | Method     | Reference |
|------------------------|--------------------------------------------|--------------------------------------------|------------|-----------|
| Appearance             | Greyish green powder fill in clear capsule | Greyish green powder fill in clear capsule | Visual     | A25040400 |
| Average Capsule Weight | Report Only                                | 0.485 g                                    | USP <2091> | A25040400 |

Each (1) capsule contains:

| Ingredient                                          | Label Claim | Specification    | Result      | Test Date   | Method   | Reference |
|-----------------------------------------------------|-------------|------------------|-------------|-------------|----------|-----------|
| Vitamin C (as ascorbic acid) (Quali®-C)             | 50 mg       | 50 mg            | 50 mg       | 22-May-2025 | BOVMTDPC |           |
| Thiamin (as thiamin HCl)                            | 1.4 mg      | 1.4 mg           | 1.4 mg      | 22-May-2025 | BOVMTDPC |           |
| Riboflavin                                          | 1.4 mg      | 1.40 - 2.10 mg   | 2.07 mg     | 02-Apr-2025 | UPLC 180 | 1319/95   |
| Niacin (as niacinamide)                             | 18 mg       | 18.00 - 27.00 mg | 21.78 mg    | 02-Apr-2025 | UPLC 180 | 1319/95   |
| Vitamin B6 (as pyridoxine HCl)                      | 1.9 mg      | 1.90 - 2.85 mg   | 2.79 mg     | 02-Apr-2025 | UPLC 180 | 1319/95   |
| Folate (as calcium L-5-methyltetrahydrofolate)      | 600 mcg DFE | 600 mcg DFE      | 600 mcg DFE | 22-May-2025 | BOVMTDPC |           |
| Vitamin B12 (as methylcobalamin)                    | 6 mcg       | 6 mcg            | 6 mcg       | 22-May-2025 | BOVMTDPC |           |
| Biotin                                              | 30 mcg      | 30 mcg           | 30 mcg      | 22-May-2025 | BOVMTDPC |           |
| Pantothenic acid (as D-calcium pantothenate)        | 6 mg        | 6 mg             | 6 mg        | 22-May-2025 | BOVMTDPC |           |
| Iron (as ferrous bisglycinate chelate) (Ferrochel®) | 25 mg       | 25 mg            | 25 mg       | 22-May-2025 | BOVMTDPC |           |

Heavy Metals\*

|         |             |                |             |              |         |
|---------|-------------|----------------|-------------|--------------|---------|
| Arsenic | Report Only | 0.039 mcg/day  | 10-Apr-2025 | ICP-MS (SGS) | 1299/51 |
| Lead    | Report Only | <0.012 mcg/day | 10-Apr-2025 | ICP-MS (SGS) | 1299/51 |
| Cadmium | Report Only | <0.012 mcg/day | 10-Apr-2025 | ICP-MS (SGS) | 1299/51 |
| Mercury | Report Only | <0.012 mcg/day | 10-Apr-2025 | ICP-MS (SGS) | 1299/51 |

\* Heavy Metals results are based on a daily dose of (1) capsule

Allergens

|        |           |           |             |        |         |
|--------|-----------|-----------|-------------|--------|---------|
| Gluten | <20.0 ppm | <20.0 ppm | 21-May-2025 | VQ 266 | 1324/68 |
|--------|-----------|-----------|-------------|--------|---------|

| Microbial Testing | Specification    | Result     | Test Date   | Method     | Reference |
|-------------------|------------------|------------|-------------|------------|-----------|
| Total Plate Count | NMT 10,000 CFU/g | 150 CFU/g  | 21-May-2025 | USP <2021> | M25051617 |
| Yeast and Mold    | NMT 1,000 CFU/g  | 10 CFU/g   | 21-May-2025 | USP <2021> | M25051617 |
| Salmonella        | Absent/10g       | Absent/10g | 21-May-2025 | USP <2022> | M25051617 |
| E. coli           | Absent/10g       | Absent/10g | 21-May-2025 | USP <2022> | M25051617 |
| S. aureus         | Absent/10g       | Absent/10g | 21-May-2025 | USP <2022> | M25051617 |