

Product Code:	M715	Ship To:	Momentous
Product:	Magnesium Bisglycinate 200mg		
Mfg Lot #:	604-0947	Pkg Lot #:	0136D6
Manufacture Date:	27-APR-2026	Expiration Date:	04/2028

Physical Specifications:

Description/Color: **White powder fill in clear capsule**
Shape/Size: **#00 elongated capsule / 0.995" x 0.336"**

Physical Testing	Specification	Result	Method	Reference
Appearance	White powder fill in clear capsule	White powder fill in clear capsule	Visual	A2605-0359
Average Capsule Weight	Report Only	1.071 g	USP <2091>	A2605-0359

Each two (2) capsules contains:

Ingredient	Label Claim	Specification	Result	Test Date	Method	Reference
Magnesium (as magnesium bisglycinate)	200 mg	200.0 - 300.0 mg	231.1 mg	22-Jun-2026	ICP-MS 231	1420/53

Heavy Metals*

Arsenic	Report Only	0.002 mcg/day	10-Jul-2026	LLMTDA1 ((Light Labs)	1426/14
Lead	Report Only	0.010 mcg/day	10-Jul-2026	LLMTDA1 ((Light Labs)	1426/14
Cadmium	Report Only	<0.001 mcg/day	10-Jul-2026	LLMTDA1 ((Light Labs)	1426/14
Mercury	Report Only	<0.001 mcg/day	10-Jul-2026	LLMTDA1 ((Light Labs)	1426/14

* Heavy Metals results are based on a daily dose of (2) capsules

Allergens

Gluten	<20.0 ppm	<20.0 ppm	19-Jun-2026	VQ 266	1324/157
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Microbial Testing	Specification	Result	Test Date	Method	Reference
Total Plate Count	NMT 3,000 CFU/g	<3,000 CFU/g	19-Jun-2026	USP <2021>	1439/60
Yeast and Mold	NMT 300 CFU/g	<300 CFU/g	19-Jun-2026	USP <2021>	1439/60
Salmonella	Absent/10g	Absent/10g	19-Jun-2026	USP <2022>	1439/60
E. coli	Absent/10g	Absent/10g	19-Jun-2026	USP <2022>	1439/60
S. aureus	Absent/10g	Absent/10g	19-Jun-2026	USP <2022>	1439/60