

Product Code:	M715	Ship To:	Momentous
Product:	Magnesium Bisglycinate 200mg		
Mfg Lot #:	604-1015	Pkg Lot #:	0136D6A
Manufacture Date:	28-APR-2026	Expiration Date:	04/2028

Physical Specifications:

Description/Color: White powder fill in clear capsule
Shape/Size: #00 elongated capsule / 0.995" x 0.336"

Physical Testing	Specification	Result	Method	Reference
Appearance	White powder fill in clear capsule	White powder fill in clear capsule	Visual	A2606-0101
Average Capsule Weight	Report Only	1.023 g	USP <2091>	A2606-0101

Each two (2) capsules contains:

Ingredient	Label Claim	Specification	Result	Test Date	Method	Reference
Magnesium (as magnesium bisglycinate)	200 mg	200.0 - 300.0 mg	243.9 mg	22-Jun-2026	ICP-MS 231	1420/61

Heavy Metals*

Arsenic	Report Only	<0.001 mcg/day	19-Jun-2026	LLMTDA1 ((Light Labs)	1426/17
Lead	Report Only	0.040 mcg/day	19-Jun-2026	LLMTDA1 ((Light Labs)	1426/17
Cadmium	Report Only	0.001 mcg/day	19-Jun-2026	LLMTDA1 ((Light Labs)	1426/17
Mercury	Report Only	<0.001 mcg/day	19-Jun-2026	LLMTDA1 ((Light Labs)	1426/17

* Heavy Metals results are based on a daily dose of (2) capsules

Allergens

Gluten	<20.0 ppm	<20.0 ppm	19-Jun-2026	VQ 266	1324/158
--------	-----------	-----------	-------------	--------	----------

Microbial Testing	Specification	Result	Test Date	Method	Reference
Total Plate Count	NMT 3,000 CFU/g	<3,000 CFU/g	19-Jun-2026	USP <2021>	1439/67
Yeast and Mold	NMT 300 CFU/g	<300 CFU/g	19-Jun-2026	USP <2021>	1439/67
Salmonella	Absent/10g	Absent/10g	19-Jun-2026	USP <2022>	1439/67
E. coli	Absent/10g	Absent/10g	19-Jun-2026	USP <2022>	1439/67
S. aureus	Absent/10g	Absent/10g	19-Jun-2026	USP <2022>	1439/67