

Product Code:

L786

Product:

Essential Multi

Mfg Lot #:

603-0502

Manufacture Date:

18-MAR-2026

Ship To:

Momentous

Pkg Lot #:

0105C6

Expiration Date:

03/2028

Physical Specifications:

Description/Color:

Yellowish beige powder fill in clear capsule

Shape/Size:

#00 capsule / 0.917" x 0.336"

Physical Testing	Specification	Result	Method	Reference
Appearance	Yellowish beige powder fill in clear capsule	Yellowish beige powder fill in clear capsule	Visual	A2603-0422
Average Capsule Weight	Report Only	0.839 g	USP <2091>	A2603-0422

Each four (4) capsules contains:

Ingredient	Label Claim	Specification	Result	Test Date	Method	Reference
Vitamin A (as retinyl palmitate and 7% as beta-carotene with mixed carotenoids)	1,500 mcg RAE	1,500 mcg RAE	1,500 mcg RAE	08-Apr-2026	BOVMTDPC	Not Applicable
Vitamin C (as ascorbic acid and acerola fruit)	400 mg	400 mg	400 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Vitamin D (as cholecalciferol)	50 mcg	50.00 - 82.50 mcg	58.83 mcg	31-Mar-2026	HPLC 176	1427/3
Vitamin K (as phyloquinone)	400 mcg	400 mcg	400 mcg	08-Apr-2026	BOVMTDPC	Not Applicable
Thiamin (as thiamin HCl)	2.4 mg	2.40 - 3.60 mg	2.78 mg	26-Mar-2026	UPLC 180	1404/84
Riboflavin (as riboflavin-5-phosphate)	4.2 mg	4.2 mg	4.2 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Niacin (as niacinamide and niacin)	60 mg	60.00 - 90.00 mg	87.83 mg	26-Mar-2026	UPLC 180	1404/84
Vitamin B6 (as pyridoxal-5-phosphate)	6.7 mg	6.7 mg	6.7 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Folate [from Quatrefolic® (6S)-5-methyltetrahydrofolate, glucosamine salt]	680 mcg DFE	680 mcg DFE	680 mcg DFE	08-Apr-2026	BOVMTDPC	Not Applicable
Vitamin B12 (as methylcobalamin)	200 mcg	200 mcg	200 mcg	08-Apr-2026	BOVMTDPC	Not Applicable
Biotin	100 mcg	100 mcg	100 mcg	08-Apr-2026	BOVMTDPC	Not Applicable
Pantothenic acid (as D-calcium pantothenate)	5 mg	5 mg	5 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Calcium (as dicalcium malate)	50 mg	50 mg	50 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Magnesium (as dimagnesium malate)	150 mg	150.0 - 225.0 mg	186.6 mg	27-Mar-2026	ICP-MS 231	1420/22
Zinc (as zinc bisglycinate chelate)	15 mg	15 mg	15 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Selenium (as SelenoExcell® high selenium yeast)	100 mcg	100 mcg	100 mcg	08-Apr-2026	BOVMTDPC	Not Applicable
Copper (as copper bisglycinate chelate)	1 mg	1 mg	1 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Manganese (as manganese bisglycinate chelate)	1 mg	1 mg	1 mg	08-Apr-2026	BOVMTDPC	Not Applicable

Ingredient	Label Claim	Specification	Result	Test Date	Method	Reference
Chromium (as chromium nicotinate glycinate chelate)	200 mcg	200 mcg	200 mcg	08-Apr-2026	BOVMTDPC	Not Applicable
Molybdenum (as molybdenum glycinate chelate)	100 mcg	100 mcg	100 mcg	08-Apr-2026	BOVMTDPC	Not Applicable
Wild blueberry fruit juice powder	100 mg	100 mg	100 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Muscadine grape seed and skin powder	100 mg	100 mg	100 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Citrus bioflavonoid complex	100 mg	100 mg	100 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Broccoli seed extract (BroccoRaphanin®)	75 mg	75 mg	75 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Quercetin dihydrate (from Sophora japonica bud extract)	50 mg	50 mg	50 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Total tocotrienols (Delta, Gamma-tocotrienols) (DeltaGold®)	25 mg	25 mg	25 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Organic broccoli sprout	25 mg	25 mg	25 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Trans-resveratrol (from Polygonum cuspidatum root extract)	10 mg	10 mg	10 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Pantethine (as Pantestin®)	5 mg	5 mg	5 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Lutein (from marigold flower extract) (Lutemax® 2020)	3 mg	3 mg	3 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Lycopene	3 mg	3 mg	3 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Boron (as bororganic glycine)	1 mg	1 mg	1 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Benfotiamine	1 mg	1 mg	1 mg	08-Apr-2026	BOVMTDPC	Not Applicable
Vitamin K2 (as menaquinone-7) (MenaQ7®)	50 mcg	50 mcg	50 mcg	08-Apr-2026	BOVMTDPC	Not Applicable
Vanadium (as vanadium amino acid chelate)	30 mcg	30 mcg	30 mcg	08-Apr-2026	BOVMTDPC	Not Applicable

Heavy Metals*

Arsenic	Report Only	0.070 mcg/day	01-Apr-2026	ICP-MS (SGS)	1426/1
Lead	Report Only	0.290 mcg/day	01-Apr-2026	ICP-MS (SGS)	1426/1
Cadmium	Report Only	0.050 mcg/day	01-Apr-2026	ICP-MS (SGS)	1426/1
Mercury	Report Only	<0.033 mcg/day	01-Apr-2026	ICP-MS (SGS)	1426/1

** Heavy Metals results are based on a daily dose of four (4) capsules*

Allergens

Gluten	<20.0 ppm	<20.0 ppm	08-Apr-2026	VQ 266	1397/49
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Microbial Testing	Specification	Result	Test Date	Method	Reference
Total Plate Count	NMT 10,000 CFU/g	<10,000 CFU/g	06-Apr-2026	USP <2021>	M2603-0520
Yeast and Mold	NMT 1,000 CFU/g	<1,000 CFU/g	06-Apr-2026	USP <2021>	M2603-0520
Salmonella	Absent/10g	Absent/10g	06-Apr-2026	USP <2022>	M2603-0520
E. coli	Absent/10g	Absent/10g	06-Apr-2026	USP <2022>	M2603-0520
S. aureus	Absent/10g	Absent/10g	06-Apr-2026	USP <2022>	M2603-0520