

Product Code:	L786	Ship To:	Momentous
Product:	Essential Multi		
Mfg Lot #:	405-0331	Pkg Lot #:	0472D4A
Manufacture Date:	11-MAY-2024	Expiration Date:	05/2026

Physical Specifications:

Description/Color:	Yellowish beige powder fill in clear capsule
Shape/Size:	#00 capsule / 0.917" x 0.336"

	Specification	Result	Method	Reference
Average Capsule Weight	Report Only	0.875 g	USP <2091>	1261/161

Each four (4) capsules contains:

Ingredient	Label Claim	Specification	Result	Test Date	Method	Reference
Vitamin A (as retinyl palmitate and 7% as beta-carotene with mixed carotenoids)	1,500 mcg RAE	1,500 mcg RAE	1,500 mcg RAE	25-Jun-2024	BOVMTDPC	
Vitamin C (as ascorbic acid and acerola fruit)	400 mg	400.0 - 600.0 mg	427.4 mg	12-Jun-2024	VQ 221	1273/100
Vitamin D (as cholecalciferol)	50 mcg	50 mcg	50 mcg	25-Jun-2024	BOVMTDPC	
Vitamin K (as phyloquinone)	400 mcg	400 mcg	400 mcg	25-Jun-2024	BOVMTDPC	
Thiamin (as thiamin HCl)	2.4 mg	2.4 mg	2.4 mg	25-Jun-2024	BOVMTDPC	
Riboflavin (as riboflavin-5-phosphate)	4.2 mg	4.2 mg	4.2 mg	25-Jun-2024	BOVMTDPC	
Niacin (as niacinamide and niacin)	60 mg	60 mg	60 mg	25-Jun-2024	BOVMTDPC	
Vitamin B6 (as pyridoxal-5-phosphate)	6.7 mg	6.7 mg	6.7 mg	25-Jun-2024	BOVMTDPC	
Folate [from Quatrefolic® (6S)-5-methyltetrahydrofolate, glucosamine salt]	680 mcg DFE	680.00 - 1,020.00 mcg DFE	1,018.52 mcg DFE	10-Jun-2024	HPLC 206	1253/147
Vitamin B12 (as methylcobalamin)	200 mcg	200.0 - 300.0 mcg	288.0 mcg	17-Jun-2024	SAM 02062 (HPLC-UV) (Intertek)	1215/56
Biotin	100 mcg	100 mcg	100 mcg	25-Jun-2024	BOVMTDPC	
Pantothenic acid (as D-calcium pantothenate)	5 mg	5 mg	5 mg	25-Jun-2024	BOVMTDPC	
Calcium (as dicalcium malate)	50 mg	50 mg	50 mg	25-Jun-2024	BOVMTDPC	
Magnesium (as dimagnesium malate)	150 mg	150 mg	150 mg	25-Jun-2024	BOVMTDPC	
Zinc (as zinc bisglycinate chelate)	15 mg	15 mg	15 mg	25-Jun-2024	BOVMTDPC	
Selenium (as SelenoExcell® high selenium yeast)	100 mcg	100 mcg	100 mcg	25-Jun-2024	BOVMTDPC	
Copper (as copper bisglycinate chelate)	1 mg	1 mg	1 mg	25-Jun-2024	BOVMTDPC	
Manganese (as manganese bisglycinate chelate)	1 mg	1 mg	1 mg	25-Jun-2024	BOVMTDPC	
Chromium (as chromium nicotinate glycinate chelate)	200 mcg	200.0 - 250.0 mcg	249.1 mcg	21-Jun-2024	ICP-MS 231	1245/170

Ingredient	Label Claim	Specification	Result	Test Date	Method	Reference
Molybdenum (as molybdenum glycinate chelate)	100 mcg	100 mcg	100 mcg	25-Jun-2024	BOVMTDPC	
Wild blueberry fruit juice powder	100 mg	100 mg	100 mg	25-Jun-2024	BOVMTDPC	
Muscadine grape seed and skin powder	100 mg	100 mg	100 mg	25-Jun-2024	BOVMTDPC	
Citrus bioflavonoid complex	100 mg	100 mg	100 mg	25-Jun-2024	BOVMTDPC	
Broccoli seed extract (BroccoRaphanin®)	75 mg	75 mg	75 mg	25-Jun-2024	BOVMTDPC	
Quercetin dihydrate (from Sophora japonica bud extract)	50 mg	50 mg	50 mg	25-Jun-2024	BOVMTDPC	
Total tocotrienols (Delta, Gamma-tocotrienols) (DeltaGold®)	25 mg	25 mg	25 mg	25-Jun-2024	BOVMTDPC	
Organic broccoli sprout	25 mg	25 mg	25 mg	25-Jun-2024	BOVMTDPC	
Trans-resveratrol (from Polygonum cuspidatum root extract)	10 mg	10 mg	10 mg	25-Jun-2024	BOVMTDPC	
Pantethine (as Pantesin®)	5 mg	5 mg	5 mg	25-Jun-2024	BOVMTDPC	
Lutein (from marigold flower extract) (Lutemax® 2020)	3 mg	3 mg	3 mg	25-Jun-2024	BOVMTDPC	
Lycopene	3 mg	3 mg	3 mg	25-Jun-2024	BOVMTDPC	
Boron (as bororganic glycine)	1 mg	1 mg	1 mg	25-Jun-2024	BOVMTDPC	
Benfotiamine	1 mg	1 mg	1 mg	25-Jun-2024	BOVMTDPC	
Vitamin K2 (as menaquinone-7) (MenaQ7®)	50 mcg	50 mcg	50 mcg	25-Jun-2024	BOVMTDPC	
Vanadium (as vanadium amino acid chelate)	30 mcg	30 mcg	30 mcg	25-Jun-2024	BOVMTDPC	

Heavy Metals*

Arsenic		Report Only	<1.000 mcg/day	04-Jun-2024	ICP-MS (SGS)	1215/54
Lead		Report Only	0.300 mcg/day	04-Jun-2024	ICP-MS (SGS)	1215/54
Cadmium		Report Only	0.200 mcg/day	04-Jun-2024	ICP-MS (SGS)	1215/54
Mercury		Report Only	<0.100 mcg/day	04-Jun-2024	ICP-MS (SGS)	1215/54

* Heavy Metals results are based on a daily dose of four (4) capsules

Allergens

Gluten		<20.0 ppm	<5.0 ppm	10-Jun-2024	GLUTENRIDA (Eurofins)	1215/56
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Microbial Testing	Specification	Result	Test Date	Method	Reference
Total Plate Count	NMT 10,000 CFU/g	70 CFU/g	12-Jun-2024	USP <2021>	1268/88-89
Yeast and Mold	NMT 1,000 CFU/g	70 CFU/g	12-Jun-2024	USP <2021>	1268/88-89
Salmonella	Absent/10g	Absent/10g	12-Jun-2024	USP <2022>	1268/88-89
E. coli	Absent/10g	Absent/10g	12-Jun-2024	USP <2022>	1268/88-89
S. aureus	Absent/10g	Absent/10g	12-Jun-2024	USP <2022>	1268/88-89